

## Empowering your child to feel **happier, calmer** and **braver**



SOLVING the MYSTERY of SOCIAL ENCOUNTERS



HI, I'M AGENT ARDON. I HELP CADETS COMPLETE THE SECRET AGENT SOCIETY PROGRAM.

At the end of the SAS Small Group program, your junior detective will graduate as a 'secret agent', armed with the social and emotional tools they need to continue their work in the real world. They learn how to:

- ✓ Recognise emotions in themselves and others
- ✓ Express feelings in appropriate ways
- ✓ Talk and play with others
- $\checkmark$  Solve friendship problems, and
- Cope with change and deal with bullying.

COOPERATION CHALLENGE • MISTAKE MANIA MOTIONOMETER • 02 REGULATOR • RELAXATIO IISTAKE MANIA • ENEMY THOUGHT DESTRUCT

## WHAT IS SECRET AGENT SOCIETY?

SECRET AGENT SOCIETY (SAS) SMALL GROUP PROGRAM IS A BREAKTHROUGH PROGRAM FOR CHIDREN AGED BETWEEN 8 AND 12 TO IMPROVE THEIR SOCIAL AND EMOTIONAL SKILLS.

It was created by Australian clinical psychologist, Dr Renae Beaumont, and is regarded as one of the most successful programs of its kind in the world.

SAS features gamified learning through animated 'secret agent' SAS Digital Headquarters (SAS Digital HQ), Helpful Thought Zapper game, Challenger Board Game, and Secret Message Transmission Device game.

The entire program has been designed to captivate kids while they learn new social emotional skills in a fun way.

> SAS Facilitators have completed intensive training in how to provide the SAS Small Group program. Ask to see their SAS Training Certificate today.

PARENTS AND SCHOOLS ARE AN INTEGRAL PART OF THE GROUP PROGRAM and access resources and support to help young 'secret agents' develop and practise new skills.

This level of support across home and school is one of the reasons why SAS is so successful.

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## HOW CAN SECRET AGENT SOCIETY HELP MY CHILD?

Raising a child who struggles to manage their emotions and cope with social situations can be challenging.

SAS IS A FUN, ESPIONAGE-THEMED GROUP PROGRAM WHICH HELPS CHILDREN learn how to feel happier, calmer and braver. It also teaches them how to make friends and keep them!

For more information about the program visit our website **sst-institute.net** 

MULTIPLE RESEARCH EVALUATIONS SUPPORT THE EFFECTIVENESS OF SAS FOR IMPROVING THE SOCIAL AND EMOTIONAL SKILLS OF CHILDREN IN CLINIC AND SCHOOL SETTINGS.

One university randomized controlled trial found 76 per cent of children who participated in SAS improved from showing clinically significant delays in social and emotional functioning to displaying these skills within the range of typically developing children.\*

\*Beaumont, R., & Mamp; Sofronoff, K. (2008). A multicomponent social skills intervention for children with Asperger syndrome: The junior detective training program. Journal of Child Psychology and Psychiatry, 49(7),743-753.

> PLEASE CONTACT YOUR LOCAL PROVIDER: